



| Choice |

Drugs That Require Step Therapy (ST)

In some cases, **Express Scripts Medicare®** (PDP) requires you to first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Step 1 and Step 2 drugs both treat your medical condition, we may not cover the Step 2 drug unless you try the Step 1 drug first. If the Step 1 drug does not work for you, we will then cover the Step 2 drug.

You will need authorization from Express Scripts Medicare before filling prescriptions for the Step 2 drugs shown in the following chart. Express Scripts Medicare will only provide coverage after it determines that the drug is being prescribed according to the criteria specified in the chart.

You, your appointed representative or your prescriber can request a review by calling Express Scripts Medicare toll free at **1.844.374.7377**, 24 hours a day, 7 days a week. Customer Service is available in English and other languages. TTY users should call **1.800.716.3231**.

The formulary may change at any time. You will receive notice when necessary.

Express Scripts Medicare (PDP) is a prescription drug plan with a Medicare contract.
Enrollment in Express Scripts Medicare depends on contract renewal.

ANTIDEPRESSANTS - SEROTONIN AND NOREPINEPHRINE REUPTAKE INHIBITORS (SNRI)

Products Affected

Step 2:

- Fetzima 120 mg capsule,extended release
- Fetzima 20 mg (2)-40 mg (26) capsule,extended release,24 hr,dose pack
- Fetzima 20 mg capsule,extended release
- Fetzima 40 mg capsule,extended release
- Fetzima 80 mg capsule,extended release
- Pristiq 100 mg tablet,extended release
- Pristiq 25 mg tablet,extended release
- Pristiq 50 mg tablet,extended release

Details

Criteria	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given. Patients who are currently taking or who have taken brand name Fetzima at any time in the past and discontinued use may receive authorization without a trial of a step 1 product. Exceptions can be made for Fetzima without a trial of a step 1 drug if the patient has suicidal ideation.
-----------------	---

BASAL INSULIN - PST

Products Affected

Step 2:

- Levemir FlexTouch U-100 Insulin 100 unit/mL (3 mL) subcutaneous pen
- Levemir U-100 Insulin 100 unit/mL subcutaneous solution

Details

Criteria	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given. Patients who are pregnant may receive authorization without trial of a Step 1 product. Patients who are greater than or equal to 2 but less than 6 years old may receive authorization without trial of a Step 1 product.
-----------------	--

HIGH RISK MEDICATIONS - SEDATIVE HYPNOTICS

Products Affected

Step 2:

- zaleplon 10 mg capsule
- zaleplon 5 mg capsule
- zolpidem 10 mg tablet
- zolpidem 5 mg tablet

Details

Criteria	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given. This step therapy program applies to patients greater than 64 years of age only. Authorization for a step 2 drug may be given in patients aged less than 65 years.
-----------------	---

OMEGA-3 FATTY ACIDS - PST

Products Affected

Step 2:

- Lovaza 1 gram capsule

Details

Criteria	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given.
-----------------	--

RAPID-ACTING INSULIN - PST

Products Affected

Step 2:

- Novolog Flexpen U-100 Insulin aspart 100 unit/mL subcutaneous
- Novolog Mix 70-30 FlexPen U-100 Insulin 100 unit/mL subcutaneous pen
- Novolog Mix 70-30 U-100 Insulin 100 unit/mL subcutaneous solution
- Novolog PenFill U-100 Insulin aspart 100 unit/mL subcutaneous cartridge
- Novolog U-100 Insulin aspart 100 unit/mL subcutaneous solution

Details

Criteria	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given.
-----------------	--

This page intentionally left blank

Index

F

Fetzima 120 mg capsule,extended release ..	1
Fetzima 20 mg (2)-40 mg (26) capsule,extended release,24 hr,dose pack	1
Fetzima 20 mg capsule,extended release	1
Fetzima 40 mg capsule,extended release	1
Fetzima 80 mg capsule,extended release	1

L

Levemir FlexTouch U-100 Insulin 100 unit/mL (3 mL) subcutaneous pen	2
Levemir U-100 Insulin 100 unit/mL subcutaneous solution	2
Lovaza 1 gram capsule.....	4

N

Novolog Flexpen U-100 Insulin aspart 100 unit/mL subcutaneous	5
--	---

Novolog Mix 70-30 FlexPen U-100 Insulin 100 unit/mL subcutaneous pen	5
Novolog Mix 70-30 U-100 Insulin 100 unit/mL subcutaneous solution	5
Novolog PenFill U-100 Insulin aspart 100 unit/mL subcutaneous cartridge.....	5
Novolog U-100 Insulin aspart 100 unit/mL subcutaneous solution	5

P

Pristiq 100 mg tablet,extended release.....	1
Pristiq 25 mg tablet,extended release.....	1
Pristiq 50 mg tablet,extended release.....	1

Z

zaleplon 10 mg capsule.....	3
zaleplon 5 mg capsule.....	3
zolpidem 10 mg tablet.....	3
zolpidem 5 mg tablet.....	3